

## INFORMATION

### Venue

Dept. of Anatomy, Faculty of Medicine,  
University of Rijeka,  
Ulica brace Branchehtta 20, 51000 Rijeka, Croatia

### Arrival to Croatia

Best way is arriving by plane to Zagreb international airport that is 170 km away from Rijeka or Ljubljana airport, located 140 km from Rijeka.

From both airports you can rent-a-car to Rijeka or take a public bus line.



## Accommodation and Registration



**Dress code - Casual**

### Payment information

Payments should be sent to Filida travel,

Dore Pfanove 7, 10000 Zagreb

e-mail: [tatjana@filidatravel.hr](mailto:tatjana@filidatravel.hr)

• On-line payment with credit card

• Bank transfer to:

Zagrebacka banka d.d.

Account holder: Filida travel

Account no: HR3223600001101988664

SWIFT code: ZABHR2X



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*Dedicated to Rehabilitation*

**DOUBLE MEDICAL TECHNOLOGY INC.**

Xiamen, Fujian, CHINA

+86 592 6087101

[info@double-medical.com](mailto:info@double-medical.com)

[www.double-medical.com](http://www.double-medical.com)

**Omnimed**

Trpinjska 9  
HR-10000 Zagreb, Croatia  
VAT - HR63938353958  
[info@omnimed.hr](mailto:info@omnimed.hr)  
+385 1 6446 701

Tehcnical Organizer:



**SURGICAL APPROACHES IN  
ORTHOPEDICS AND  
TRAUMATOLOGY WITH  
CADAVERIC LAB**

**MAY 13-14 , 2022  
AT THE UNIVERSITY  
OF RIJEKA, CROATIA**

# SURGICAL APPROACHES IN ORTHOPEDICS AND TRAUMATOLOGY WITH CADAVERIC LAB

Dedicated to Rehabilitation

## Course Content

This course - Surgical Approaches in Orthopedics and Traumatology - is designed for all surgeons who treat orthopedic or trauma patients.

The course is hands on with more than 80% of the time devoted to performing surgical approaches. The surgical dissections are carried out on fresh cadaveric specimens and following each approach the dissections are enlarged to give the course participants the opportunity to explore the anatomy that surgeons never see whilst performing surgery.

By the end of the course participants will appreciate the topographical anatomy relevant to the approach and be aware of all the potential dangers. The course is designed for surgeons of most degrees of experience but is not suitable for first and second year residents.

### Course chairman

Mirko Grgurev, MD, Surgery Clinic, Dept of Orthopedic and Traumatology; University Hospital Rijeka, Croatia

### Co – Chairman's

**Piet de Boer**, MA FRCS, Honorary Senior Lecturer, Dept. of Anatomy University of Hull and York Medical School, York, UK Visiting lecturer Dept. of Surgery, Faculty of Medicine, University of Rijeka

**Prof. Mario Starešinić**, MD.PhD. General Manager of University Hospital "Merkur" Zagreb , Croatia

### Faculty

**Damir Štiglić**, MD, Surgery Clinic, Dept. of Orthopedic and Traumatology; University Hospital Rijeka, Croatia

**Simona Komen-Mokrović**, MD, Surgery Clinic, Dept. of Orthopedic and Traumatology; University Hospital Rijeka, Croatia

**Danijel Ivanac**, MD, Surgery Clinic, Dept. of Orthopedic and Traumatology; University Hospital Rijeka, Croatia

**Asst. Prof. Tanja Čelić**, MD, Head of Dept. of Anatomy, Faculty of Medicine, University of Rijeka

**Prof. Dragica Bobinac**, MD PhD. Dept. of Anatomy, Faculty of Medicine, University of Rijeka

**Ana Terezija Jerbić Radetić**, MD, Dept. of Anatomy, Faculty of Medicine, University of Rijeka

Friday, May 13, 2022

08.30	Registration
08.45	Start of the course – prearrangement
08.50-09.00	Welcome and Introduction - Who we are?
09.15-09.35	Principles of Surgical Approaches in Orthopaedics
09.35-10.35	Anterior approach to shoulder / Exploration of Brachial plexus
10.35-11.10	Antero-lateral approach to humerus
11.10	Coffee Break
11.40-12.15	Anterior approach to cubital fossa
12.15-12.55	Anterior approach to radius
12.55-13.25	Anterior approach to wrist / exploration of carpal tunnel/ Exposure of flexor tendons
13.30	Lunch Break
14.30-15.00	Posterior approach to shoulder
15.00-15.30	Posterior approach to humerus
15.30-15.55	Posterior approach to elbow with olecranon osteotomy
16.00-16.30	Posterior approach to radius
16.30-17.00	Dorsal approach to wrist
17.00-17.20	Surgical anatomy of upper extremity
17.20-17.30	Discussion
17.30	CLOSE
18.30 - 22.30	Participants and Faculty Dinner

M. Grgurev  
P. de Boer  
P. de Boer  
D. Štiglić

M. Starešinić

P.de Boer  
S. Komen  
D. Ivanac

P. de Boer  
M. Grgurev  
D. Ivanac  
D. Štiglić  
S. Komen-Mokrović  
D. Bobinac  
ALL

Saturday, May 14, 2022

08.50 - 09.00	Start of the day
09.00 - 09.45	Posterior approach to hip and acetabulum
09.45 - 10.30	Posteromedial and posterolateral approach to proximal tibia
10.30 - 11.00	Posterolateral approach to ankle
11.00 - 11.30	Coffee Break
11.30 - 12.15	Direct anterior approach to hip joint Intrapelvic approach to acetabulum
12.30 - 13.15	LUNCH
13.15 - 14.15	
14.15 - 14.45	Lateral parapatellar approach to distal femur and knee joint
14.45 - 15.15	Lateral parapatellar approach to prox tibia
15.15 - 15.40	Anterior approach to ankle
15.40 - 15.45	Lateral approach to calcaneum
15.45 - 16.05	Surgical anatomy of lower extremity
16.05 - 16.25	Choices in surgical approaches
16.25 - 16.35	DISCUSSION & CLOSE

M. Grgurev  
M. Starešinić

D. Štiglić

M. Starešinić  
M. Grgurev

T. Čelić

T. Čelić  
D. Ivanac  
S. Komen-Mokrović  
D. Bobinac  
P. de Boer  
All

*Course topics could be slightly changed*

## Accommodation:

HOTEL BONAVIA 4\*  
Dolac 4, 51000 Rijeka

<https://www.plavalaguna.com/en/hotels/bonavia>

Single room 95 € per night  
Double room 120 € per night

Price includes accommodation, breakfast and VAT.  
City tax is not included in the price – 1,4 €

**Shuttle from the hotel to the course and back will be organized for all participants.**

