

Virtualna izložba knjiga

Terapijske životinje: most između zdravlja, empatije i edukacije

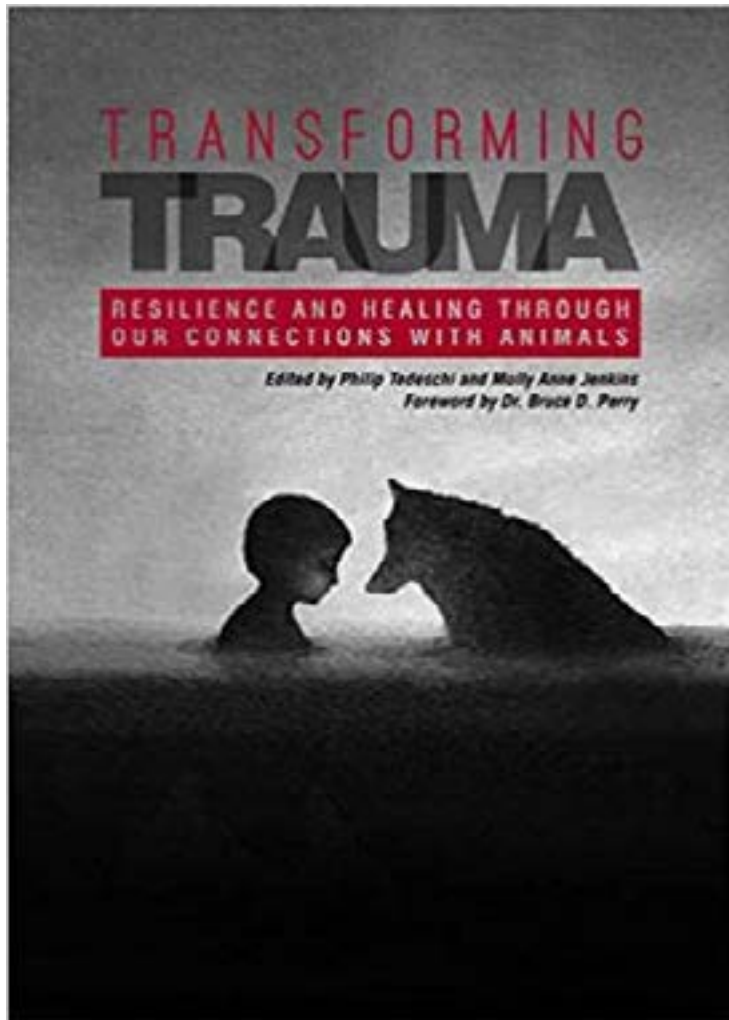
Ada Prpić - odabir građe

Evgenia Arh - oblikovanje



Transforming trauma

edited by Philip Tedeschi and Molly Anne Jenkins,
West Lafayette, Indiana : Purdue University Press, 2019.



This book focuses on research developments, models, and practical applications of animal-assisted interventions for diverse populations who have experienced trauma. Physiological and psychological trauma is explored across three broad areas:

- 1) child maltreatment and family violence;
- 2) acute and post-traumatic stress, including that which is associated with military service, war, and developmental trauma;
- 3) times of crisis, such as natural disasters and the ever-increasing risks associated with climate change, community violence, terrorism, and periods of personal loss and grief.

[Transforming trauma : resilience and healing through our connections with animals | Library of Congress - Full text](#)

[Transforming Trauma: Healing Through Connecting with Animals | Psychology Today - intervju s urednicima](#)

The impact of therapy and pet animals on human stress

edited by Lori R. Kogan,
Oxfordshire, UK ; Boston, MA : CABI, 2024.

Stress can have a deleterious effect on people's mental, physical, and psychological health. There is a growing body of evidence, however, that suggests animals, both as pets and therapy partners, can help mitigate people's stress levels.

This book showcases a rich collection of research papers from Human-Animal Interactions. It highlights research pertaining to pets as well as animal-assisted therapy in both school and professional settings. The book also includes a scene-setting introduction and wrap-up conclusion from the editor.

[Lori Kogan - College of Veterinary Medicine & Biomedical Sciences - o autorici](#)



The role of companion animals in the treatment of mental disorders **edited by Nancy R. Gee, Lisa D. Townsend, Robert L. Findling** **Washington, DC : American Psychiatric Association Publishing, 2023.**

This volume combines a thorough analysis of the latest research with practical examples and explores topics that include Ensuring animal welfare and well-being, with an emphasis on understanding applicable laws and regulations. Animal-assisted crisis interventions to prevent the onset of PTSD in individuals who have experienced significant traumas, such as natural



disasters Animal-assisted programs for youths at risk for mental disorders secondary to child maltreatment or contact with the juvenile justice system Human-animal interaction (HAI) in specific disorders, including ADHD, autism spectrum disorder, depression, dementia, and anxiety. The application of HAIs in university campuses, hospital settings, and psychotherapy.

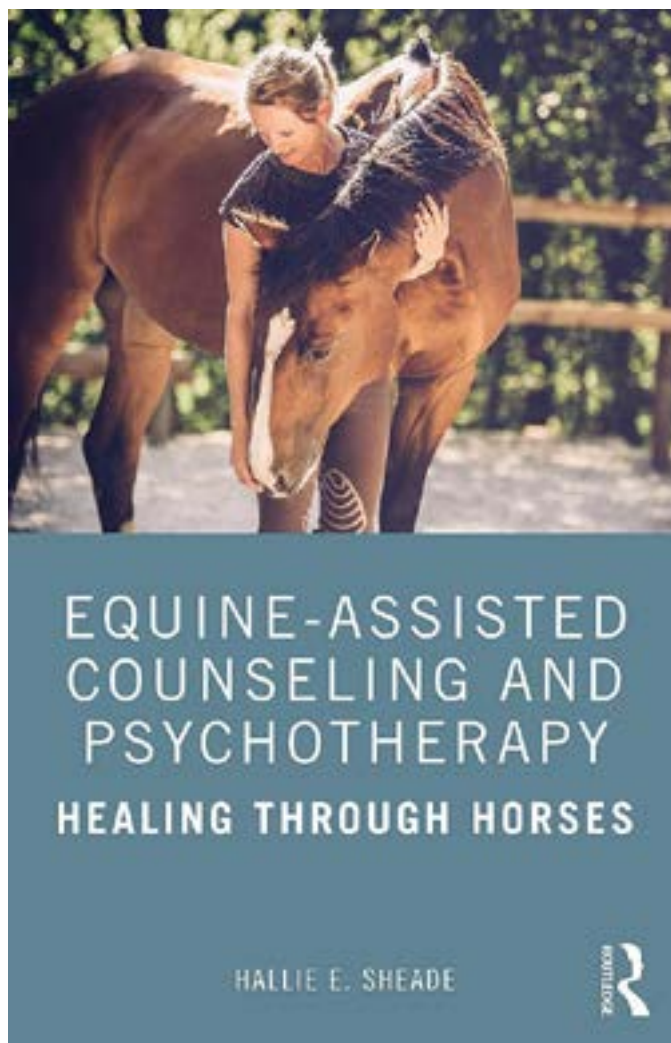
[Companion Animals | Psychiatry Unbound Podcast | Psychiatry Online - podcast o knjizi](#)

Equine-Assisted Counseling and Psychotherapy

Hallie Sheade

New York : Routledge, 2021.

Chapters provide a research-informed approach to integrating the contributions of horses and other equines into mental health services. With a focus on equine welfare, the book uses a relational approach to explore a broad range of topics, including documentation and treatment planning, work with clients across the lifespan and with diverse needs, complexities related to horses in the therapeutic relationship, as well as ethical, legal, and best-practice considerations



[Hallie's Story - S.T.E.P.S. With Horses - blog](#)

[ACT Naturally Interviews Dr. Hallie Sheade](#)

[Raising Joy #75: Saddling Up for Success with Horses | Hallie Sheade, Ph.D. LPC-S, RPT-S | S.T.E.P.S - interview](#)

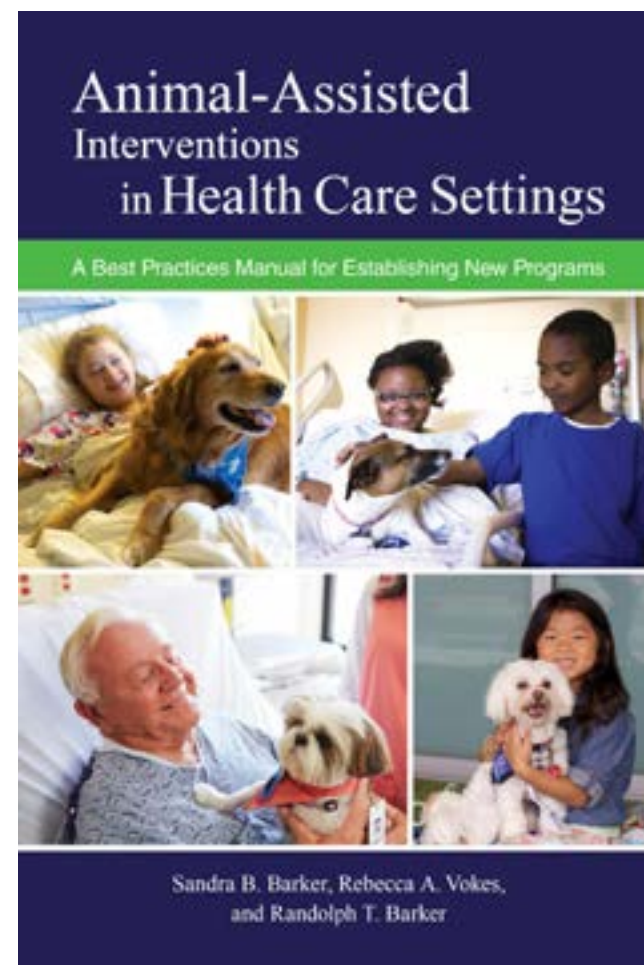
Animal-Assisted Interventions in Health Care Settings

Barker, Sandra B, Vokes, Rebecca A, Barker, Randolph T
West Lafayette, Indiana : Purdue University Press 2019.

Book succinctly outlines how best to develop, implement, run, and evaluate AAI programs. Drawing on extensive professional experiences and research from more than fifteen years of leading the Center for Human-Animal Interaction in the Virginia Commonwealth University School of Medicine, the authors discuss both best practices and best reasons for establishing AAI programs.

For thorough consideration, the text explores benefits from a variety of perspectives, including how AAI can improve patient experience, provide additional career development for staff, and contribute favorably to organizational culture and to the reputation of the facility in the surrounding community.

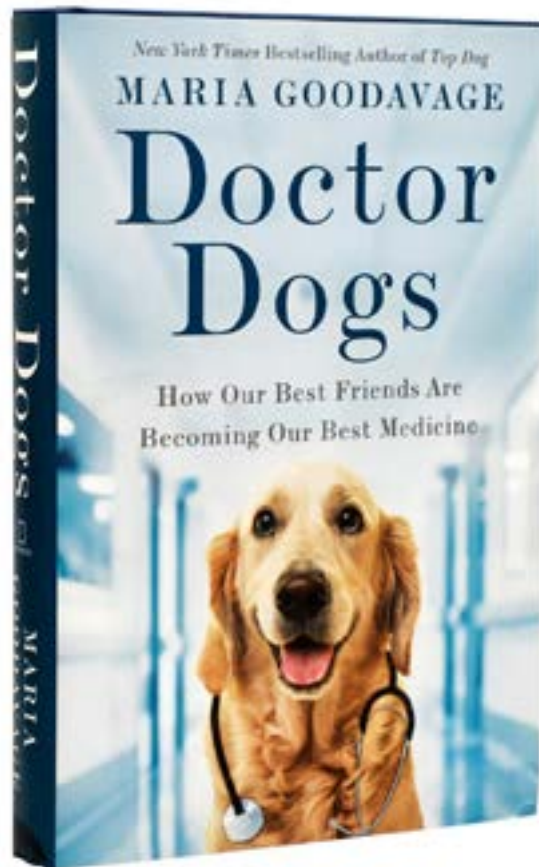
[Animal-Assisted Interventions in Health Care Settings: A Best Practices Manual for Establishing New Programs - predgovor, sadržaj](#)



Doctor Dogs

Maria Goodavage

New York : Dutton, an imprint of Penguin Random House, 2019.



In this groundbreaking book, Goodavage brings us behind the scenes of cutting-edge science at top research centers, and into the lives of people whose well-being depends on their devoted, highly skilled personal MDs (medical dogs). With her signature wit and passion, Goodavage explores how doctor dogs are becoming our happy allies in the fight against dozens of physical and mental conditions.

We meet dogs who detect cancer and Parkinson's disease, and dogs who alert people to seizures and diabetic lows or highs and other life-threatening physical ailments. Goodavage reveals the revolutionary ways dogs are helping those with autism, anxiety, depression, schizophrenia, and post-traumatic stress disorder. And she introduces us to intrepid canines who are protecting us from antibiotic-resistant bugs, and to dogs who may one day help keep us safe from epidemic catastrophe. Their paycheck for their lifesaving work? Heartfelt praise and a tasty treat or favorite toy.

[Doctor Dogs | Maria Goodavage - stranica autorice](#)

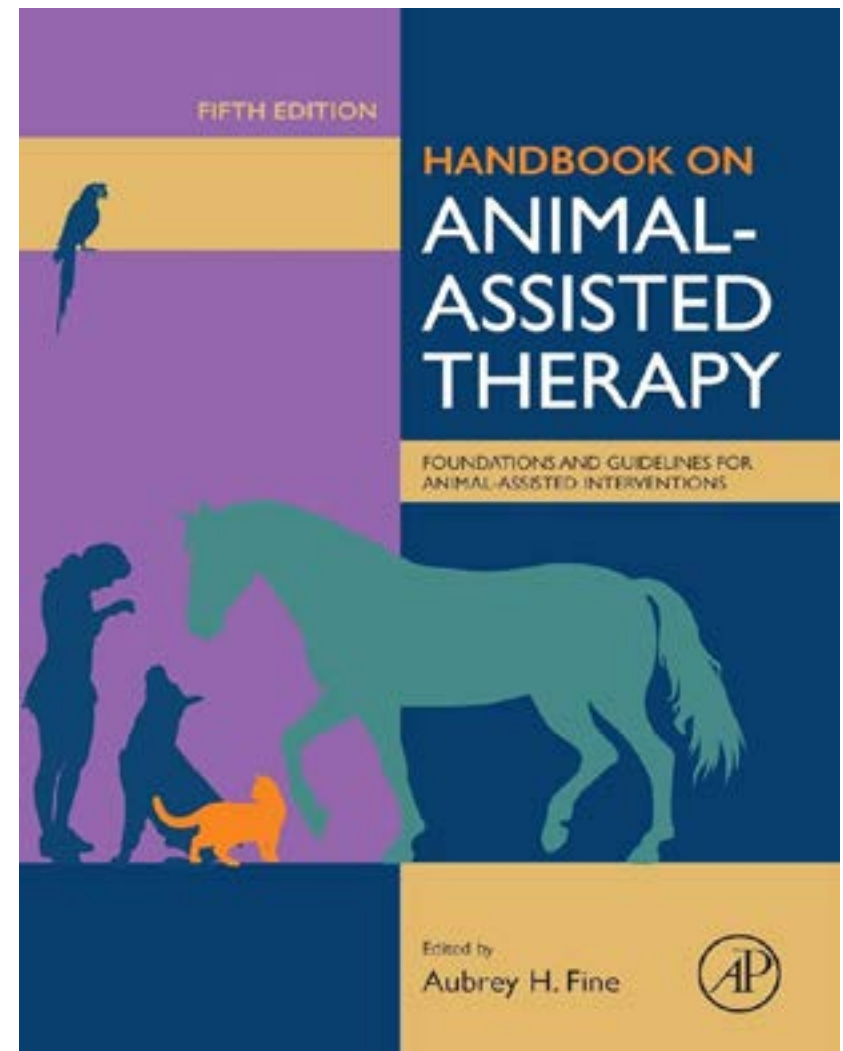
Handbook on Animal-Assisted Therapy

Aubrey H. Fine

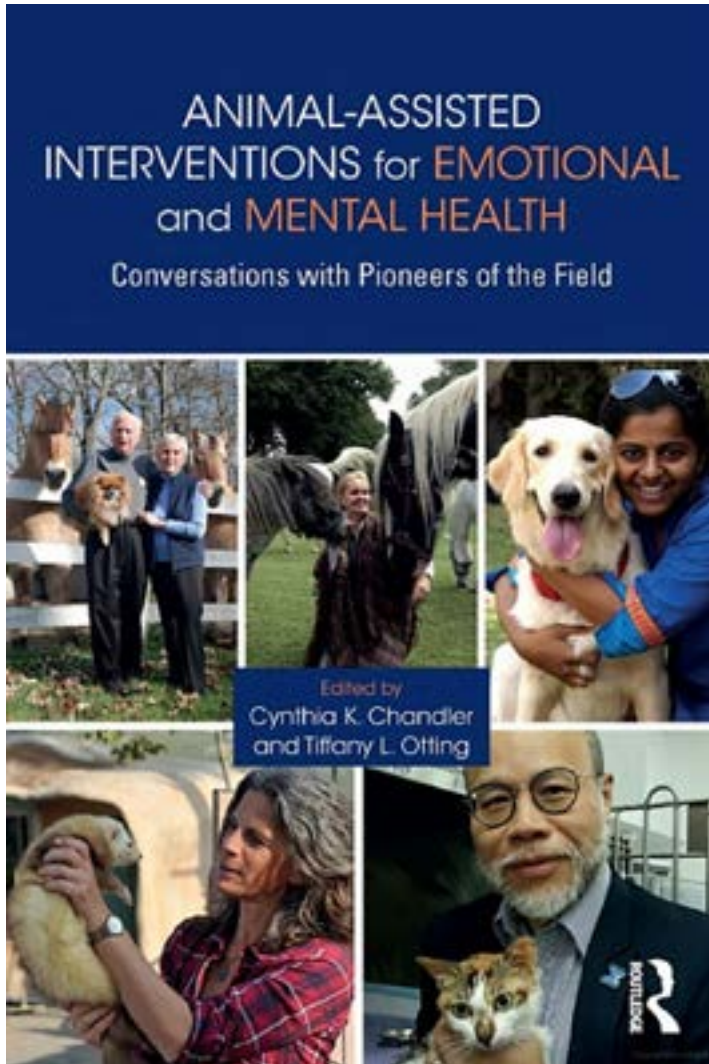
London : Academic Press, 2019.

Fifth Edition highlights advances in the field, with seven new chapters and revisions to over 75% of the material. This book will help therapists discover the benefits of incorporating animal assisted therapy into their practice, how to design and implement animal assisted interventions, and the efficacy of animal assisted therapy with different disorders and patient populations. Coverage includes the use of AAT with children, families and the elderly, in counseling and psychotherapy settings, and for treating a variety of specific disorders.

[Media — Dr. Aubrey H. Fine - intervju](#)



Animal-assisted interventions for emotional and mental health **edited by Cynthia K. Chandler and Tiffany L. Otting,** **New York, NY : Routledge, 2018.**



Animal-Assisted Interventions for Emotional and Mental Health provides a unique opportunity to learn from a variety of leaders in the field. Leading scholar Dr. Cynthia Chandler and colleague Dr. Tiffany Otting present interviews with pioneering experts from the U.S., U.K., Israel, India, and Hong Kong, revealing key beliefs, values, and ideas that are fundamental to animal-assisted interventions. Their words will inspire and guide current and future generations of practitioners, teachers, and researchers.

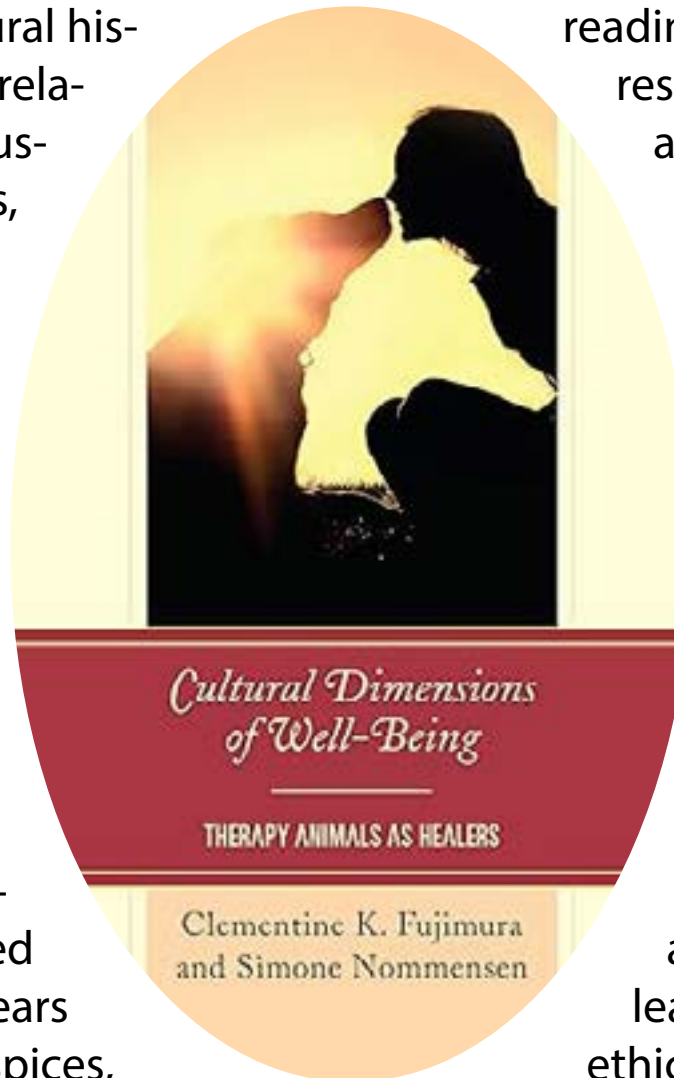
[Defining Animal-Assisted Therapy with Cynthia Chandler](#)

Cultural Dimensions of Well-Being

Clementine K. Fujimura and Simone Nommensen

Lanham: Lexington Books, 2018.

This book presents a cultural history of human-animal relations in Germany, Japan, Russia and the United States, with a focus on the uses of animals for comfort, healing and in developing a sense of well-being. Fujimura and Nommensen discuss the contexts in which the culture of wellbeing has developed and incorporated alternative therapies with animals. The authors turn to qualitative research conducted over a period of two years in veterinary clinics, hospices,



reading programs, search and rescue organizations as well as an extensive review of existing literature on cultural studies of human-animal relations to inform their analysis of complex ways in which humans and animals interact. The extent to which animals are accepted either as members of society or, in contrast, as mere material possessions poses a cultural contradiction leading to questions of the ethical treatment of animals.

Animal-Assisted Therapy in Counseling

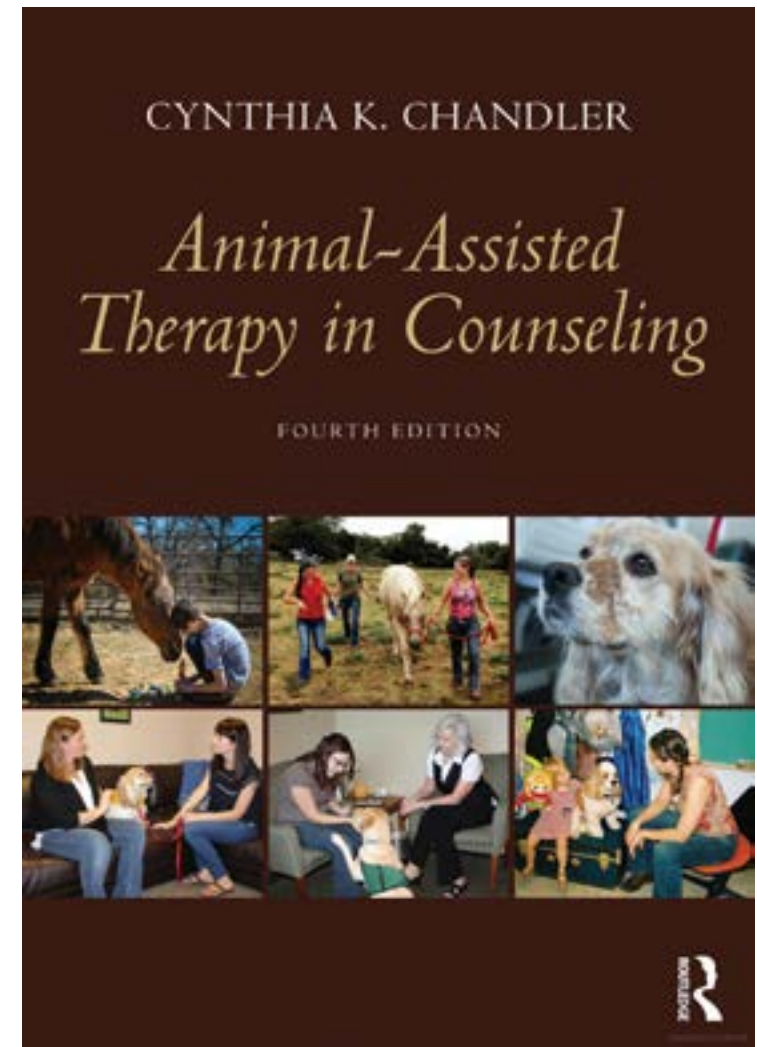
Cynthia Chandler

New York, Routledge, 2024.

The fourth edition of *Animal-Assisted Therapy in Counseling* is the most comprehensive book available dedicated to training mental health practitioners in the performance of animal-assisted therapy in counseling.

This edition includes material on real-world animal-assisted interventions featuring counselor-client dialogues and sample therapeutic opportunities. Each chapter includes the most recent research and practice, and a wide variety of case examples present animal-assisted interventions in different settings with different types of animals.

[Animal-Assisted Therapy in Counseling - 4th Edition - Cynthia K. Chandler – o knjizi](#)



O životinjama i njihovim ljudima

Krizmanić, Mirjana

VBZ, Zagreb, 2016.



... Ljudima koji nisu navikli na život sa životinjama ili uz životinje i sama pomisao da bi životinje mogle djelovati kao terapeuti može se činiti čudnom, nevjerojatnom ili smiješnom. Pa kako bi živa bića koja govore mogla zamijeniti brižne terapeute koji slušaju naše tegobe i tada nam strpljivo tumače kako ćemo ih ublažiti ili ih se riješiti? Međutim, svatko tko ima ili je imao kućnog ljubimca bilo koje vrste zna koliko mu je puta taj ljubimac pomogao kada mu je bilo teško, koliko mu je puta odagnao strahove, tjeskobe i brige, koliko mu je tisuća puta izmamio smiješak praćen toplinom koja grije i srce i mozak i dušu. Stoga nije čudno da je terapija uz pomoć životinja nastala u neka davna vremena kad su naši preci još vjerovali u nadnaravne moći životinja...

Iz knjige

Konji - terapeuti, učitelji, prijatelji

urednica Jelena Krmpotić

Zagreb: Krila, 2003.

Ideja za stvaranje knjige o terapijskom jahanju nastala je na samom seminaru koji je organizirala Udruga za terapijsko jahanje "Krila". U knjizi se iznose iskustva, specifična tjelesna i emocionalna oštećenja koja se mogu tretirati terapijskim jahanjem. Upoznaje se građa konja i mogućnosti njegove prilagodbe za rad u terapijskom jahanju, vrste treninga konja. Držanje i njega, struktura sata jahanja, teorija jahanja i drugi segmenti jahanja kao terapijskog postupka.

... Jahanje pruža nevjerovatan poticaj za izgradnju samopoštovanja jahača s teškoćama u učenju, emotivnim problemima i

problemima u ponašanju. Konj pruža izvor ljubavi i sigurnosti. On im pomaže da shvate kako su oni jednakovrijedne osobe. Osobe s mentalnim oštećenjima u druženju s konjima dobivaju novu motivaciju za učenje. Kontroliranje konja i kontroliranje sebe – svog tijela i ponašanja na konju – za psihi čini više od rada na spravama za vježbanje. Ovladavanje svim razinama rada s konjem vraća ambiciju i samopouzdanje. Gubitak samopoštovanja može biti jednako poražavajuć kao i gubitak fizičke sposobnosti. Konj je predivan terapeut!

[KRILA - terapijsko jahanje](#)



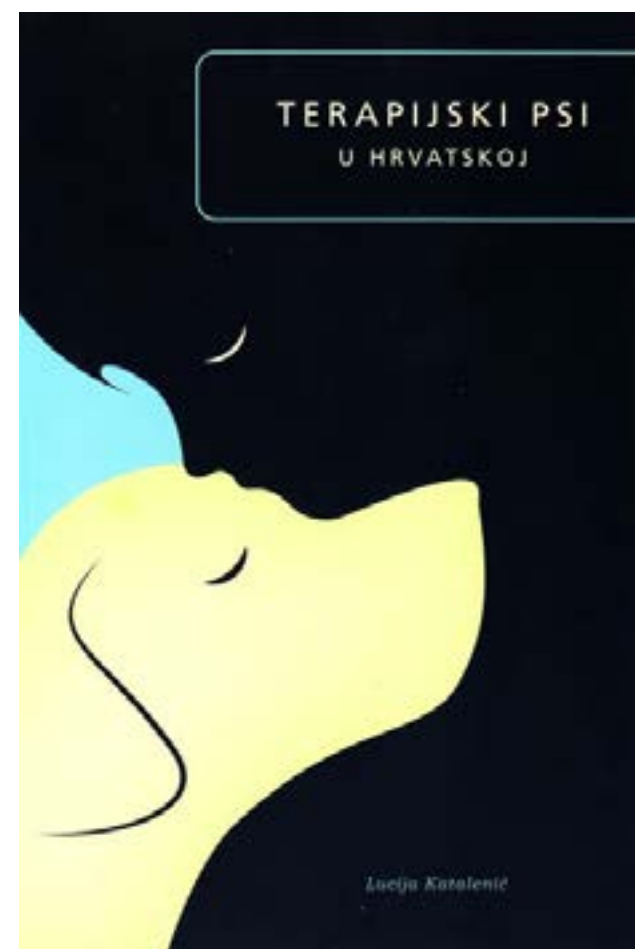
Terapijski psi u Hrvatskoj

Lucija Katalenić

Zagreb: Hrvatska udruga za školovanje pasa vodiča i mobilitet, 2013.

Priručnik je namijenjen širokoj publici - obiteljima djece s teškoćama u razvoju, kao i stručnjacima u radu s djecom i odraslima, kao i svim ostalim osobama koje zanimaju nove mogućnosti i razvoj novih pristupa u radu. Na jasan i jednostavan način informira i daje korisne savjete za primjenu psa u terapijske svrhe, kako djeci s teškoćama u razvoju tako i odraslima. Ističe dobrobit te povezanosti, a i šire mogućnosti rada s terapijskim psima za koje postoje standardi.

www.psivodici.hr



Pas pomagač – od osmijeha do uspjeha

Lea Devčić

Zagreb : Hrvatska udruga za školovanje pasa vodiča i mobilitet, 2016.



Kao poseban uspjeh želimo istaknuti izdavanje priručnika „Pas pomagač – od osmijeha do uspjeha“. Naime, ovaj Priručnik je jedinstven na našim prostorima jer vrlo detaljno obrađuje ključne teme poput terminologije, cjelokupnog procesa školovanja psa pomagača od dobi šteneta do prijenosa korisniku, prijavu i pripremu korisnika za dodjelu psa pomagača, specifičnosti rada s roditeljima djece s teškoćama u razvoju, dodjelu, stručnu podršku i kontinuiranu superviziju rada radnog tima.

Osim toga, u njemu su prezentirani i konkretni primjeri rada sa psom pomagačem u obiteljima djece s teškoćama u razvoju, koje vrlo konkretno i životno prezentiraju pozitivne učinke i aktivnosti koje se provode u obiteljskom okruženju, a u kojima psi pomagači vrlo jasno ostvaruju svoju pomagačku ulogu. Primjeri aktivnosti sa psom pomagačem nastali su iz konkretnih primjera obitelji korisnika pasa pomagača te kao rezultat suradnje s različitim stručnjacima koji u svoje terapijske i edukacijske postupke te aktivnosti uključuju terapijske pse. Vjerujemo da će ovaj Priručnik biti od velike koristi kako potencijalnim obiteljima korisnika pasa pomagača, tako i svim sadašnjim.

(izdavači)

Reci DA terapijskom urednica Mira Katalenić

Zagreb : Hrvatska udruga za školovanje pasa vodiča i mobilitet, 2022.

Priručnik Reci DA terapijskom psu metodološki jasno navodi sve potrebne korake kako bi se stvorio 'terapijski tim', što podrazumijeva odabir i trening budućeg terapijskog psa te spremnost i edukaciju stručnjaka za rad s terapijskim psom u ustanovi ili udruzi koja ovu djecu ima kao korisnike usluga. Priručnik donosi i dragocjena iskustva iz konkretnih situacija rada stručnjaka i terapijskog psa s djetetom i time jasno prikazuje vrijednost takve podrške za razvoj i dobrobit djeteta s teškoćama u razvoju.



Hrvatska udruga za školovanje pasa vodiča i mobilitet prva je u Hrvatskoj osmislila i razvila rehabilitacijske programe uključivanja pasa pomagača za djecu s teškoćama u razvoju. Ovim priručnikom "Reci DA terapijskom psu", kao i projektom koji mu je prethodio, nastavljaju uspješan niz inovativnih programa i izdavačke prakse, donoseći vrijedna znanja i iskustva o edukaciji stručnjaka i uvođenju terapijskih pasa u ustanove i udruge u Hrvatskoj, a time i u živote brojne djece s teškoćama u razvoju.
(izdavači)

Konjički šport i terapijsko jahanje
urednici Dragana Blažević i Milan Kolman
Zagreb : Hrvatska olimpijska akademija : Hrvatski savez za terapijsko
jahanje, 2010.



Priručnik je realiziran na inicijativu Dragane Blažević iz HSTJ, a uz stručne suradnike: Dejan Gogić, vtf. hipoterapeut; dr. Gordana Tonković – Reljanović, spec. neurolog; Sanja Maroević, prof. psiholog; Jasna Lesički, dipl. soc. radnica; Jelena Krmpotić, prof. psiholog; dr. Deana Basar, vet. medicine, Eduard Petrović, dipl. trener.

Senzorna integracija i intervencije pomoću konja

Nevenka Tatković, Sanja Tatković, Jelena Krmpotić

Pula : Sveučilište Jurja Dobrile, 2018



Ova znanstvena monografija suvremeno je napisan tekst o aktualnoj temi koji će doprinijeti boljem razumijevanju problema senzorne integracije i drugačijemu pristupu u radu s djecom koja imaju teškoće na tome planu. Autorice, naime, iz praktičnoga iskustva u radu s djecom koja imaju teškoća na senzornom planu skreću pozornost čitatelju na to da se problemima senzorne integracije može prići i iz drugačijega kuta gledišta, odnosno da se u kontekst organiziranoga okruženja za pomoć djeci s teškoćama može uključiti i konj. U skladu je to s najnovijim teorijama koje zastupaju stajališta da se i izvan klasičnoga, zatvorenoga terapijskoga okruženja može u prirodi, kroz zabavu i pozitivne emocije, uz pomoć životinja (konja) pomoći djeci da kvalitetnije žive i postizu uspjehe na mnogim životnim područjima...

iz knjige

Terapije, aktivnosti i učenje pomoću konja, Mirjana Stojnović

Rijeka : Udruga za terapiju i aktivnost pomoću konja "Pegaz", 2015.

Osnovni je cilj ovoga priručnika osvijestiti strukovnu javnost o razvoju i mogućnostima raznovrsnih terapija, upoznati ju s različitim terapeutskim pristupima koji se razvijaju te s uporabom konja u pedagoškim, psihološkim i socijalnim intervencijama. Znanje potrebno da bi se stručno izvodile terapije, ogromno je s obzirom da pokriva različita područja. Svi oni koji se istinski žele baviti ovom aktivnošću prisiljeni su kontinuirano ulagati u svoje znanje, vještine i kompetencije...

iz knjige

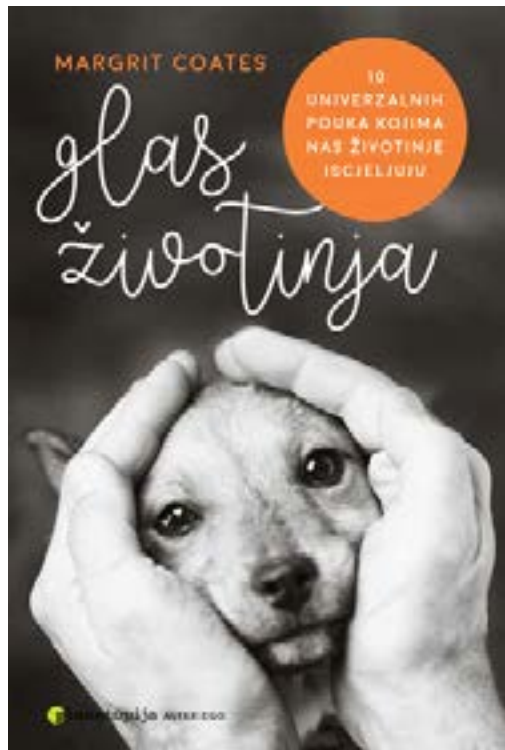
[Pegaz Rijeka Udruga za terapiju i aktivnosti pomoću konja](#)



Glas životinja

Margrit Coates

Zagreb : Planetopija, 2018.



... Kad se povežemo sa životinjama, pozvani smo da se udaljimo od privida i naše naizgled nezasićene potrebe da se fokusiramo na površne krajolike. Umjesto toga, otkrivamo da jasno razotkrivamo beskrajno postojanje...